Manipulation algorithm "Catheterization of the bladder"

1. Say hello to the patient

2. Explain to the patient what you are going to do and why.

Say out loud, "I'm going to catheterize your bladder. This will allow urine to come out of your bladder, after which your condition will improve."

3. Obtain the patient's consent to the study. Ask, "Do you consent to the manipulation?"

4. Ask the patient to take the appropriate position.

Say, "Please lie on your back."

5. Treat hands with antiseptic and wear sterile gloves.

6. Say aloud, "Now I will be treating the skin and mucous membranes around the opening of the urethra." Then gently treat three times with furacillin 1: 5000 or aqueous solution of chlorhexidine skin and mucous membranes around the opening of the urethra.

7. Sterile Foil Catheter Treat with a sterile lubricating analgesic.

8. Say out loud, "Now I'm going to have a bladder catheterization." With sterile surgical forceps, take the catheter at a distance 4-5 cm from its bladder end and slowly enter the urethra until urine appears.

9. Using a 10 ml syringe, inject saline through the lateral canal to fix the Foley catheter.

10. Make sure the catheter is fixed in the bladder by tightening it.

11. Attach the catheter to the ureter.

12. Remove gloves and place in a container for used materials.