

**Standardized patient.
Interviewing a patient with chest pain.**

Student action algorithm:

1. Say hello to the patient
2. Introduce yourself
3. Explain to the patient what you will do
4. Ask for permission from the patient for examination
5. Specify passport data:
 - Identify patient (ex.: ask his name)
 - Ask about the patient's age
6. Find out complaints:
 - Find out the main complaints
 - Clarify the type of the pain
 - Specify provocation by emotional stress or exertion
 - Specify whether pain is relieved by nitrate or rest
 - Specify localization
 - Specify the intensity
 - Specify the duration
 - Clarify the irradiation of pain
7. Question the medical history:
 - Duration - when the first attacks occurred
 - Have a history of a heart attack / stroke
8. Question the life history and identify risk factors:
 - Smoking
 - Heredity
 - Sedentary lifestyle

Other diseases that increase cardio-vascular risks

 - Hypertension
 - Type 2 CD
 - CKD
9. Establish a preliminary diagnosis
10. Make recommendations on risk factor correction.