

The student's action algorithm for practical skill: "Anterior nasal tamponade"

1. Make a decision about the method of epistaxis stopping and say it out loud: *"To stopping of the bleeding in your case I must make the anterior nasal tamponade"*.
2. Inform the patient about the procedure (if he is conscious). The information should include information about the aim and technique of this procedure: *"After appropriate preparation I will insert tampon into the nasal passage. It will compress the vessels and stop the bleeding. Then I will examine the pharynx to prevent blood flowing along its posterior wall."*
3. Wear rubber gloves
4. Give the patient a seated position or horizontal position with a raised head end.
5. Give him a plastic blood collection tray.
6. Soak the tampon with a Vaseline oil or antibiotic ointment.
7. Take the end of the tampon with tweezers stepping back 4 cm.
8. Using bayonet-shaped tweezers insert tampon into the dummy of the nasal cavity to the posterior region until it stops.
9. The rest loops of the tampon are laid vertically from top to bottom.
10. Using a spatula make pharyngoscopy to exclude blood flowing along the posterior pharyngeal wall.
11. Put a sling on the nose.
12. Inform the patient about the end of the procedure.
13. Remove rubber gloves.

