



CURRICULUM VITAE

Dr. med. Plamen Staikov

Personal Data:

Name:

Dr. med. Plamen Staikov

Date- / Place of birth:

19.08.1969, Zerst, Germany

Address:

Heinrich-von-Kleist Str. 49a
61350 Bad Homburg
Phone +49 15 15 10 10 175

Marital status:

married

E-Mail:

Info@dr-staikov.com**Professional Career:**

Since 01.01.2017

Medical DirectorHospital Sachsenhausen
Academic teaching hospital of the Goethe
University, Frankfurt am Main, Germany

Since 01.12.2014

Chief physician**Clinic for General, visceral and accident
surgery****Head of the obesity centre of Frankfurt**Hospital Sachsenhausen
Academic teaching hospital of the Goethe
University, Frankfurt am Main, Germany

Since 01.01.2010 till 30.11.2014

Chairman „Metabolic Surgery Hirslanden“,Head of metabolic and bariatric surgery
department

Klinik Hirslanden, Zurich, Switzerland

Since 01.05.2008 till 30.11.2014

Senior Surgeon and PartnerBaermed. Centre for abdominal surgery
Prof. Dr. med. Hans U. Baer
Surgery of the liver, gallbladder, pancreas and
intestinal diseases,
Klinik Hirslanden, Zurich, Switzerland

Since 01.09.2005 till 30.04.2008

Deputy Chief physicianClinic for general and abdominal surgery,
Chief physician Dr. med. Thomas Buthut,
Ruppiner Kliniken GmbH, Neuruppin,
academic teaching hospital of the Charite,
Germany

Since 01.08.2004 till 31.08.2005

Senior physicianClinic for General and abdominal surgery,
Chief physician Dr. med. Thomas Buthut,

Since 01.01.2003

Ruppiner Kliniken GmbH, Neuruppin, teaching hospital of the Charité, Germany

Specialist general surgeon

Clinic for general and abdominal surgery,
Chief physician Dr. med. Thomas Buthut,
Ruppiner Kliniken GmbH, Neuruppin, academic teaching hospital of the Charité, Germany

Since 01.06.2002

Specialist general surgeon

Clinic for surgery,
Chief physician Dr. med. Thomas Buthut
Anhalt Diakonissenkrankenhaus Dessau, Germany

Since 01.10.1996

Assistent physician

Clinic for surgery,
Prof. Dr. med. Georgy Zlatarski,
"The national Institute for emergency medicine N. I. Pirogov", Sofia, teaching hospital of the "Medical University of Sofia", Bulgaria

Since 01.11.1995

Assistent physician

Department of Radiology, Drs. Schlötzer, Dessau, Germany

Since 01.10.1994

Assistent physician

Clinic for surgery,
Prof. Dr. med. Georgy Zlatarski
"The national Institute for emergency medicine N. I. Pirogov", Sofia, teaching hospital of the "Medical University of Sofia", Bulgaria

Dissertation

26.07.2005

Martin-Luther-University
Halle-Wittenberg, Germany
Under the rectorship of Prof. Dr. Wilfried Grecksch and under the office of the Dean, Prof. Dr. med. Bernhard Fischer
Medical Faculty
Doctorial Thesis: "Gastric banding as a method of surgery for morbid obesity, taking into account of gastro-oesophageal Reflux"

Graduation

Since 01.10.1991 till 01.09.1994

The study of medicine

OVGU Otto-von-Guericke University of Magdeburg, Germany

Since 01.10.1988 till 01.10.1991

School education

Since 01.09. 1986 till 01.09.1988

Since 01.09.1976 till 01.09.1986

Qualifications

Since 2016

Since 2016

Since 2015

Since 18.02.2015

Since 11.06.2009

Since 10.02.2007

Since 27.08.2008

Since 21.08.2008

Since 04.03.2008

The study of medicine

Medical University, Sofia, Bulgaria

High school education

ABF Gymnasium-boarding-school Halle / Saale,
Academy of Martin-Luther-University, Germany

School education

Max Sens-School, Zerbst, Germany

Investigator-Clinical Studies

GCP-Service, recognition for the management
of clinical trials

DHG German hernia society certificate

Quality-Assured Hernia Surgery

Approval Da Vinci Surgery Certificate

as a Console Surgeon
Da Vinci Professional Education
DaVinci training center IRCAD-EITS,
Strasbourg, France

Recognition and authorisation to practise as a specialist and Lecturer in surgery

for the Russian Federation,
The Ministry of health of the Russian
Federation, Moscow, Russia

Specialist for surgery and visceral surgery

Socium Ordinarium Chirurgorum Helveticorum
Societas
Zurich, Switzerland

Specialist in visceral surgery

Countries Chamber of Physicians of
Brandenburg, Germany

Specialist for surgery

Chamber Of Physicians Of Saxony-Anhalt,
Magdeburg, Germany

Approval recognition

Federal ministry of public health,
Bern, Switzerland

Recognition as specialist for surgery

Federal ministry of public health,

Since 08.03.2001

Bern, Switzerland

Recognition as specialist for surgery
Medical University Of Sofia, Bulgaria

Since 26.04.1996

License to practice as a doctor
Professional permit, state Agency for care and social Affairs of Saxony-Anhalt, Germany

Memberships

German Society for Surgery

Swiss Society of Surgery

American College of Surgeons

Professional Association of German Surgeons

German Workgroup of minimally invasive Surgery

Berlin Surgical Society

German Workgroup for Therapy of Obesity

International Federation for Surgery of Obesity

International Bariatric Club

Swiss study group for morbid obesity

Convention senior hospital surgeons

Organization, participation, lectures at conferences/training courses:

01.12.2017

Bariatric Academy Frankfurt
IV. Bariatric symposium

17.09.2017

Klinik Odrex, Odessa, Ukraine
Bariatric symposium

02.09.2017

22Congress IFSO, London, England
World Congress

08.03.2017

DGD- Meeting for clinic Management
leadership course

03.03.2017

Bariatric Academy Frankfurt

	III. Bariatric symposium
25.11.2016	Bariatric Academy Frankfurt II. Bariatric symposium
19.10.2016	9. Frankfurter Meeting Obesity Days Bariatric Surgery
01.10.2016	21. IFSO, Rio de Janeiro, Brazil World Congress
24.09.2016	Academy for medical advanced and further training Obesity and its consequences surgical and plastic treat
18.02.2016	14. Three Countries Meeting Heidelberg University Hospital Minimally Invasive Surgery
09.01.2016	Convention senior hospital surgeons Hamburg
27.11.2015	Bariatric Academy Frankfurt I. Bariatric symposium
14.10.2015	Annual Congress of the german Society for visceral surgery Visceral surgery, Leipzig
25.09.2015	Academy of med. Radiation Protection Radiation Protection
20.06.2015	Hospital Sachsenhausen, Frankfurt 4. Saxony Diabetes Symposium
01.05.2015	132. Congress of the German society for surgery
27.03.2015	European Surgical Institut 8. Obesty symposium, Hamburg
20.02.2015	Countries chamber of physicians of Hessen GCP training
21.11.2014	7. Frankfurter Meeting Obesity Days Bariatric surgery
06.11.2014	Societe Suisse de Nutrition Clinique Zurich, Swiss: Clinical Nutrition
09.04.2014	Strasbourg, Da Vinci training center IRCAD-EITS Da Vinci Surgery

03.04.2014	Klinik Hirslanden: Post-operation diet
24.03.2014	SMT clinics, Sankt-Petersburg, Russia: Master Class in Bariatric surgery
20.03.2014	5. Zurich Obesity Symposium University Hospital Of Zurich
04.02.2014	Expert Meeting - Hospital De Gelderse Vallei, Holland TAMIS-SILS TransAnal Minimal Invasiv Surgery
25.05.2013	SMT clinics, Sankt-Petersburg, Russia Modern surgical diagnosis and therapy methods
03.05.2013	Surgical Expert Forum Laparoscopic Surgery
29.11.2012	Hirslanden Academy, Zurich, Switzerland Colorectal Cancer
09.09.2010	Hirslanden Academy, Zurich, Switzerland Obesity Metabolic Surgery
22.01.2008	Ruppiner Kliniken GmbH Billing
09.05.2007	Ruppiner Kliniken GmbH Squamous cell carcinoma
04.05.2007	124. Congress of the German society for surgery
27.09.2006	Neuruppin: Interdisciplinary Tumour Conference
05.05.2006	123. Congress of the German society for surgery
08.03.2006	Chamber Of Physicians Of Saxony-Anhalt Male menopause
07.12.2005	State chamber of physicians of Brandenburg rectum carcinoma
25.11.2005	SRH Wald-Klinikum Gera Obesity Workshop
21.10.2005	Oncology Training Congress Brandenburg
18.06.2005	Rostock Symposium Interface The Stomach

20.04.2005	Ruppiner Kliniken GmbH Hemorrhoids
08.04.2005	Congress of the German society for surgery Patient safety
02.02.2005	Ruppiner Kliniken GmbH Neuro-Endocrine Tumors
22.11.2004	Klinikum Brandenburg Charite Thyroid surgery
13.11.2004	Karl-Thiem-Klinikum Cottbus TRANS-anal endoscopic micro surgery
06.11.2004	Clinic of the FSU Jena Surgical Endoscopy
04.09.2004	Klinikum Ernst von Bergmann Meeting surgical society
26.08.2004	Städtisches Klinikum Brandenburg Goiter with UltraCision
11.08.2004	Schwarz Pharma Obesity Therapy
02.07.2004	Eberhardt-Karls-University Of Tübingen TRANS-anal endoscopic micro surgery
30.04.2004	121. Congress of the German society for surgery
15.04.2004	Ruppiner Kliniken GmbH Surgery and social Pediatrics
29.11.2003	Ruppiner Kliniken GmbH Anesthesia Symposium
22.11.2003	Operating Centre Ruppiner Kliniken Plastic, reconstructive and bariatric surgery
29.10.2003	Ruppiner Kliniken GmbH Diabetic Foot Syndrome
06.09.2003	Berlin Surgical Society Meeting surgical society
02.05.2003	120. Congress of the German society of surgery Pancreatic diseases
02.05.2003	120. Congress of the German society of surgery

12.04.2003	Neuruppin Gastroenterology
01.04.2003	The University Hospital Of Freiburg Pancreas surgery
24.02.2003	Hannover Coloplast-Seminar
22.02.2003	Berlin Surgical Society Goiter
28.11.2002	Otto-von-Guericke University Ventral hernias
15.11.2002	Frankfurter Meeting Laparoscopic Bariatric Surgery
30.10.2002	Tumor Center Anhalt Gynecologic Radiation Therapy
18.10.2002	Hospital Martha-Maria Halle Thyroid Surgery
28.09.2002	Central German Surgical Congress Surgery
17.09.2002	European Surgical Institut Visceral Surgery Live
12.04.2002	Professional Association of German surgeons laparoscopy
04.12.2001	Chamber Of Physicians Of Saxony-Anhalt Current Bariatric Surgery
10.11.2001	Klinikum Stuttgart Gastroscopy
07.11.2001	Klinikum Chemnitz: High-frequency surgery
24.10.2001	Tumor Center Anhalt Tumor diagnosis
20.09.2001	University Of Munich Surgical Sonography
20.09.2001	Bavarian State Chamber Of Physicians Surgical Sonography

15.09.2001

DRK clinics Westend
Intensive care medicine

21.05.1999

European Surgical Institut
Laparoscopic Surgery

19.05.1999

European Surgical Institut
Laparoscopic Surgery

Research focus and projects

Metabolic Surgery

Post-bariatric hypoglycemia

Gastro-esophageal reflux disease

Laparoscopic Liver Surgery

Oncologic surgery

Teaching activities

Since 01.12.2014

Medical students

of the Goethe-University, Frankfurt am Main,
Germany

Since 01.12.2014

Post-Graduate Training

laparoscopic and bariatric surgery

Since 01.12.2014

Interns

Training In Visceral Surgery

Since 2002 till 2008

Training of medical students

Virchow-Klinikum, Charite, Berlin,
Germany

Publications

2016

Prebariatric screening for diabetes and
cardiovascular risk in an interdisciplinary
obesity center discloses unexpected gender
differences
K. Rett, P. Staikov et. al.
Diabetes Research and Clinical Practice; Oct
2016

2016

High hit rate, and, unexpectedly, significant
gender differences in the präbariatrischen

	dysglykämie screening in an interdisciplinary obesity center K stone, L Schmidt, P Staikov, K Rett et al Diabetology and metabolism, 2016; 11 - P197
2016	Unexpected gender differences in präbariatrischem Diabetes and cardiovascular risk screening in an interdisciplinary obesity center L Schmidt, K stone, P Staikov, K Rett et al Diabetology and metabolism, 2016; 11 - P204
2016	The special case: hypoglycemia K. Rett, P. Staikov, I. Skudelny et. al. Endocrinology Information In 2016; A Special Issue
2016	"Fetal Malnutrition post-bariatric hypoglycemia (PBH). Interdisciplinary Management of a new challenge" E. Leventi, A Reitter, P Staikov, R Young, et al Diabetology and metabolism, 2016; 11 - LB16
2015	Frankfurts modification of the Edmonton Obesity Staging system (FEOSS) for the systematic recording of co-morbidities and the prioritization of treatment strategies in a multidisciplinary obesity center. I Skudelny, K Rett, P Staikov et al Diabetology and metabolism, 2015 10(S 01)
2013	Swiss Magazine, "Diabetes is removed with gastric Bypass" Dr. med. Plamen Staikov, Dr. med. Philippe Beissner
2013	The Jejunal Sleeve: A successful additional procedure for patients regaining weight after a Roux-En-Y Gastric Bypass, P. Staikov, Bariatric & Metabolic Journal 1.2013
Clinical Studies	
From 2018	Diasurg 2 trial - surgical vs. conventional medical therapy of insulin-dependent Diabetes mellitus type 2 in patients with a body mass index of 26-35 kg/m ² . Director Of Studies: University Of Heidelberg
Since 2017	WET Weight-loss Endoscopy Trial The University Hospital In Leipzig, Germany

Since 2015

StuDoQ/LapSigma – Laparoscopic Sigma
section of Sigma diverticular disease
German society for General and visceral
surgery,
Berlin, Germany

Since 2015

Quality Assurance Study Herniamed
German hernia society, DHG,
Hamburg, Germany

Since 2009 till 2014

Hepatocyte Matrix Implant Study (HMI)
Intracorporeal Autologous Hepatocyte Matrix
Implantant: A New Tissue Engineering
Procedure for Treatment of Hepatic Disease
Liver Disease, Cirrhosis Of The Liver
Baermed, Hirslanden, Zurich, Switzerland

Since 01.01.2005

Quality assurance study, "Surgical treatment of
obesity"
Institute for quality assurance in Operative
medicine GmbH,
Otto-von-Guericke University of Magdeburg

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Dr. Plamen Staikov

Frankfurt am Main, 03.12.2017